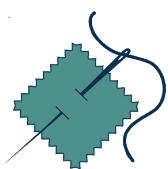


Land of the Free

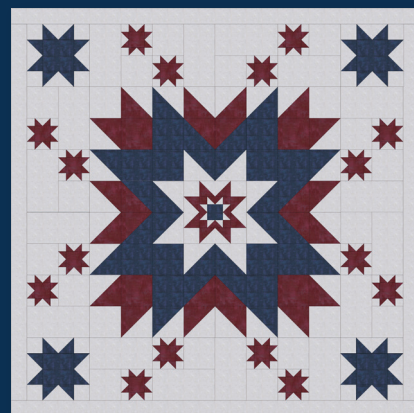


Finished Size: 78" x 78"



Fabric Requirements

Fabric	Yardage
Red	1¼ yards
White/Cream (background)	4 yards
Blue	1¼ yards
Backing**	2½ yards of 90" wide fabric
Binding	¾ yard



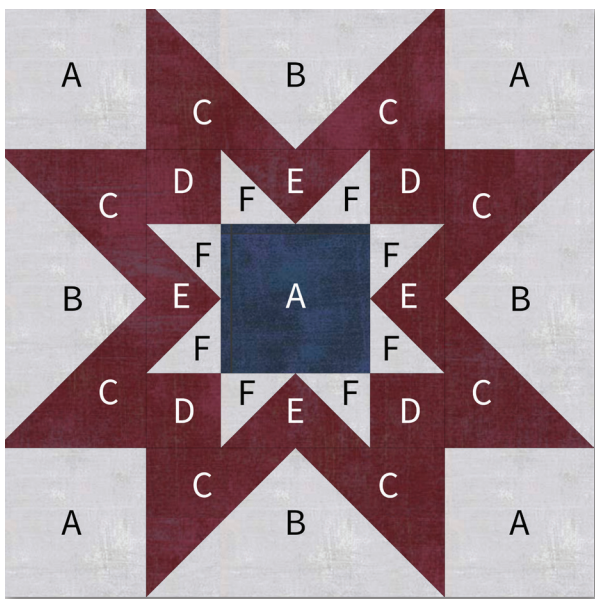
This pattern is designed to honor military members for their service. The finished size of 78" x 78" exceeds Quilt of Valor size requirements but is somewhat deceptive. The size reflects the top before layering, quilting, and washing. Because I'm a dense quilter I deliberately added the outer border to bump up the size from 72 to 78 inches. I lost about 3 inches to quilting and another 3 inches to washing (washing is a Quilt of Valor requirement). So MY actual finished size ended up being 72" x 72".

If you pre-wash your fabrics and do a simple overall quilting pattern you can eliminate the outer 3-inch border to comply with QOV guidelines (max QOV size is 72" x 90"). Your background fabric requirement would be reduced by about ¾ yard.

Linda

What you need for the block:

Unit	(Quantity) Size
A	(4) 3½" x 3½" - white (1) 3½" x 3½" - blue
B	(1) 7¼" x 7¼"
C	(4) 3⅞" x 3⅞"
D	(4) 2" x 2"
E	(1) 4¼" x 4¼"
F	(4) 2⅜" x 2⅜"

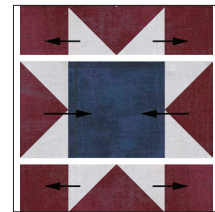


Assembly:

1. Following the procedure for No-Waste Flying Geese on Page 11, make four flying geese using four Unit F and Unit E. (unfinished size 2" x 3½")



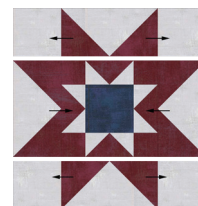
2. Attach a Unit D to each side of two flying geese units made in Step 1. Press seam towards Unit D. Attach the remaining flying geese units to each side of Unit A. Press seams towards Unit A. Sew the three rows together. (unfinished size 6½" x 6½")



3. Make four flying geese units using four Unit C and Unit B. (unfinished size 3½" x 6½")

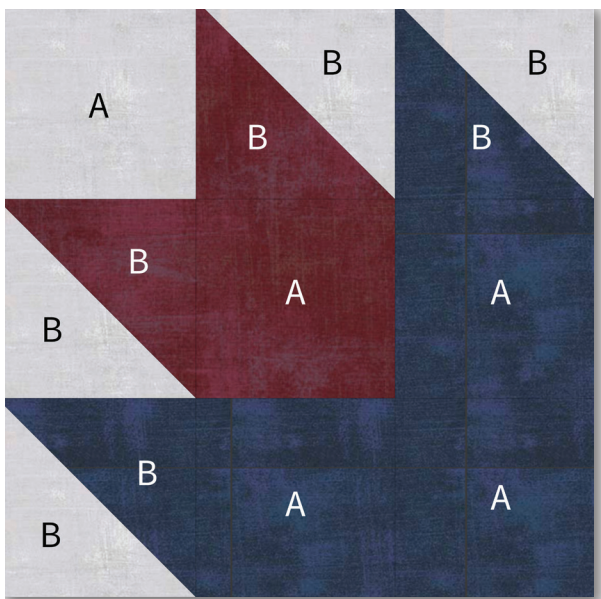


4. Attach Unit A to each side of two of the flying geese units made in Step 3. Press seams towards Unit A. Attach the remaining flying geese units to each side of the center star completed in Step 2. Press seams towards the center star. Sew the three rows together matching seams. Press seams towards the center star.



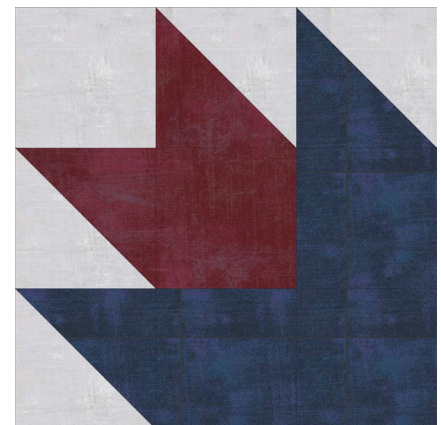
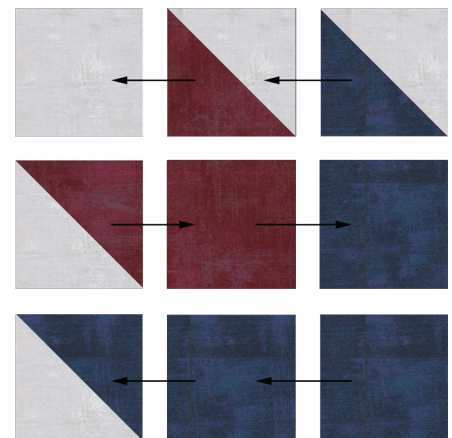
What you need to make 4 blocks:

Unit	(Quantity) / Size
A	(4) / 6½" x 6½" white (4) / 6½" x 6½" red (12) / 6½" x 6½" blue
B	(2) / 13¾" x 13¾" white (1) / 13¾" x 13¾" red (1) / 13¾" x 13¾" blue



Assembly:

1. Following the procedure for half-square triangle blocks on Page 12, make 8 red/white blocks and 8 blue/white blocks with Unit B.
2. Arrange A and B units as shown. Sew together, pressing seams in directions indicated by arrows. Make 4 blocks.



What you need to make 4 blocks:

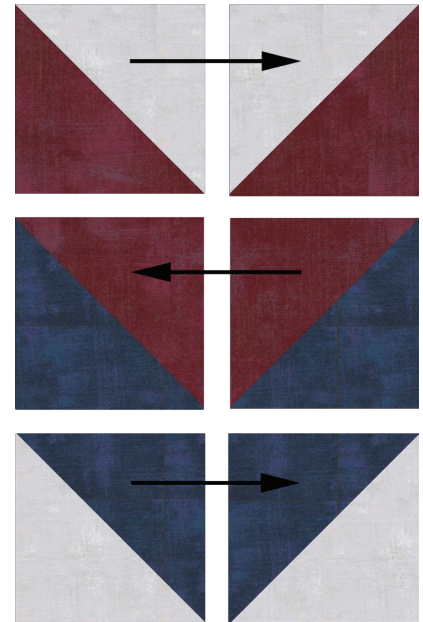
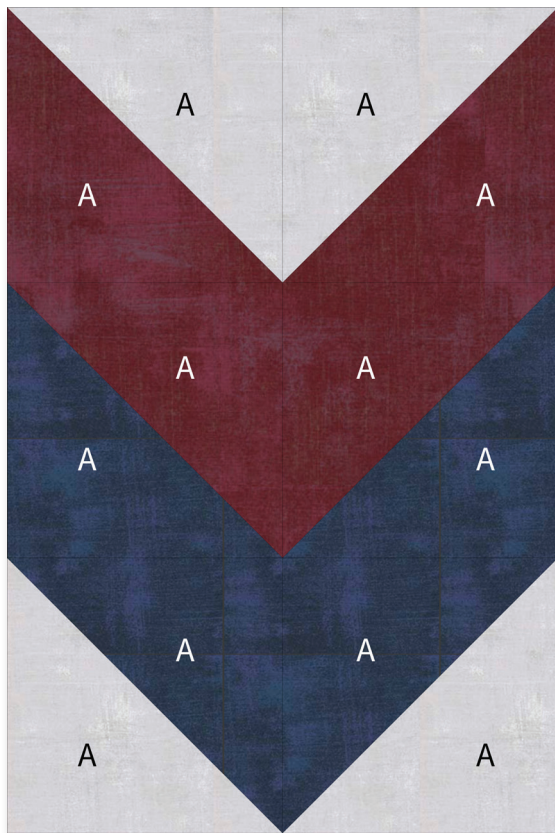
Unit	(Quantity) Size
A	(2) / 13¾" x 13¾" white (2) / 13¾" x 13¾" red (2) / 13¾" x 13¾" blue

Assembly:

1. Following the procedure for half-square triangle blocks on Page 12, make 8 red/white blocks, 8 red/blue blocks, and 8 blue/white blocks.



2. Arrange A units as shown. Sew together. Press seams as shown. Make 4 blocks.

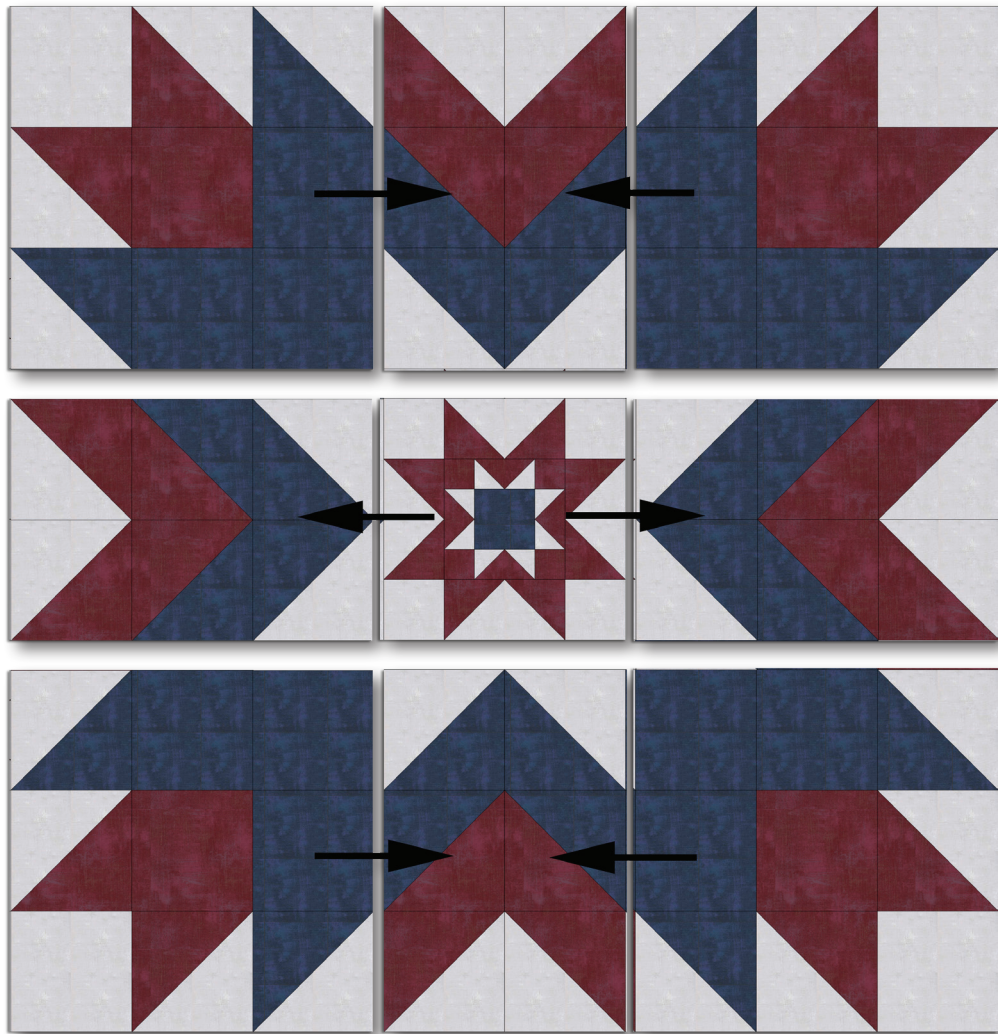


What you need:

Unit	Quantity/Size
Corner Block	4 / 18 1/2" x 18 1/2"
Chevron Block	4 / 12 1/2" x 18 1/2"
Center Block	1 / 12 1/2" x 12 1/2"

Assembly:

Arrange corner blocks, chevron blocks, and center block as shown and sew together. Press seams towards chevron blocks and away from star block.

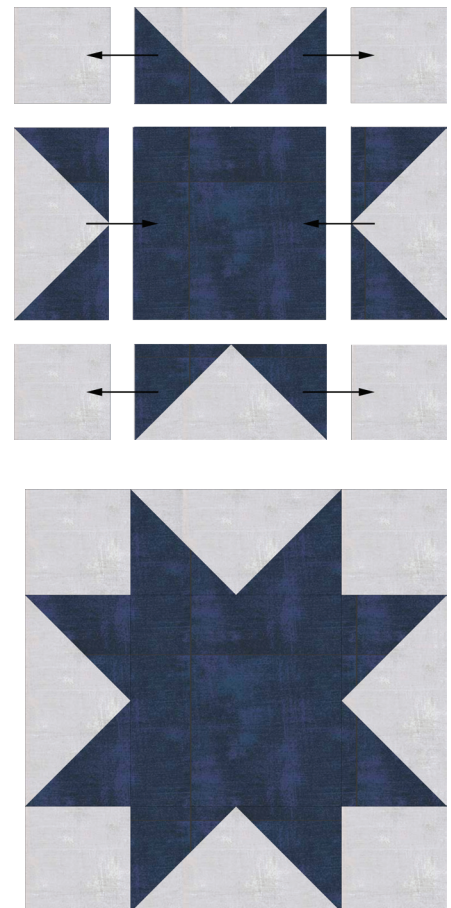
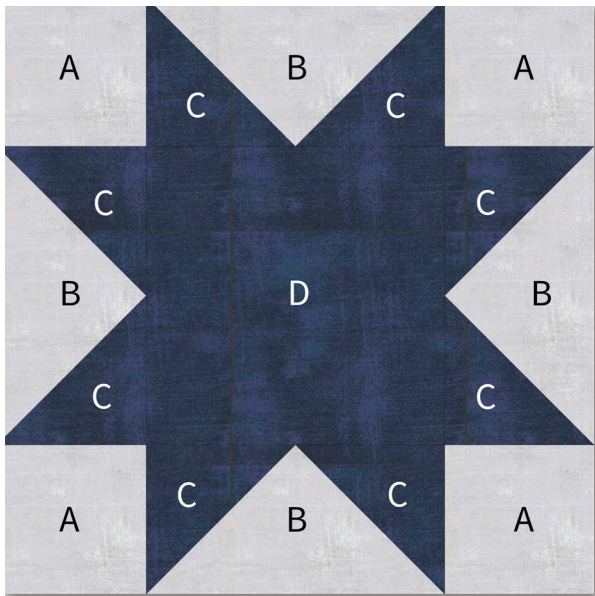


What you need to make 4 blocks:

Unit	(Quantity) / Size
A	(16) / 3½" x 3½"
B	(4) / 7¼" x 7¼"
C	(16) / 3⅞" x 3⅞"
D	(4) / 6½" x 6½"

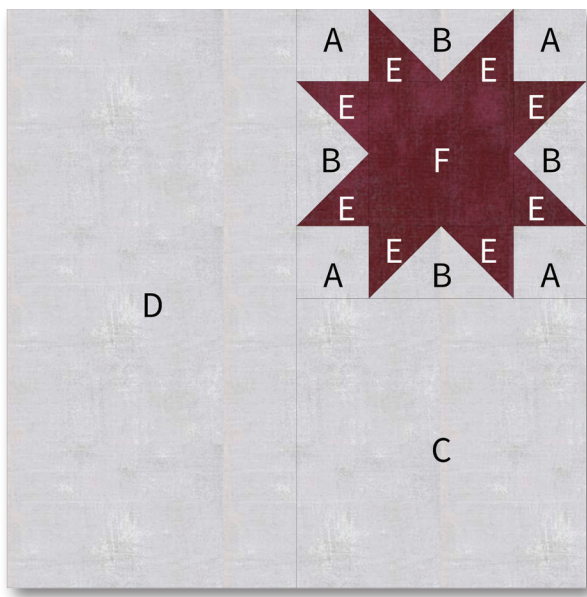
Assembly:

1. Following the procedure for Flying Geese on Page 11, make four flying geese using four Unit C and Unit B. (unfinished size 3½" x 6½")
2. Attach Unit A to each side of two flying geese units made in Step 1. Press seams towards Unit A.
3. Attach remaining flying geese units to each side of Unit D as shown. Press seams towards Unit D.
4. Sew the three rows together.
5. Make four blocks.



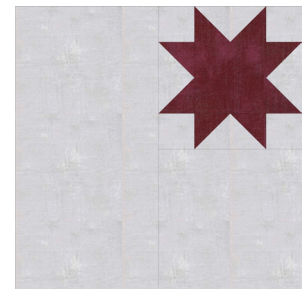
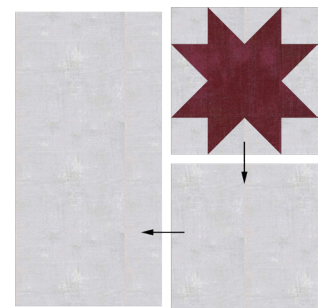
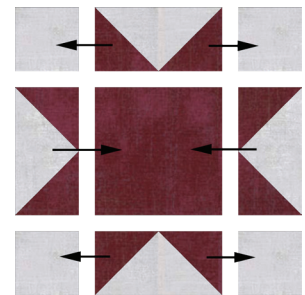
What you need to make 16 blocks:

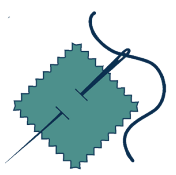
Unit	(Quantity) / Size
A	(64) / 2" x 2"
B	(16) 4¼" x 4¼"
C	(16) / 6½" x 6½"
D	(16) / 6½" x 12½"
E	(64) 2⅜" x 2⅜"
F	(16) 3½" x 3½"



Assembly:

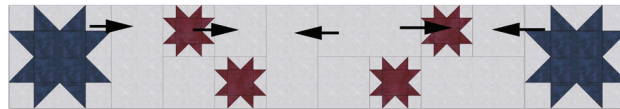
1. Following procedure for Flying Geese units on Page 11, make four flying geese using four Unit E and Unit B.
2. Attach Unit A to each side of two flying geese made in Step 1. Press seams towards Unit A. Attach remaining flying geese to Unit F. Press seams towards Unit F. Sew three rows together.
3. Attach Unit C to star unit. Press seams towards Unit C.
4. Attach Unit D to side of Star/Unit C patch. Press seam towards Unit D.
5. Make 16 total blocks.



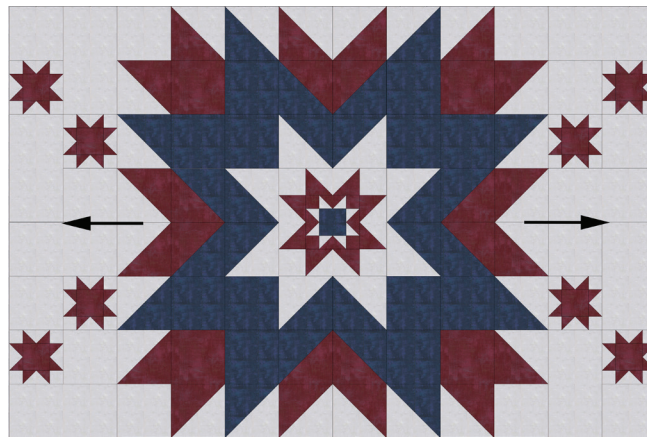


Assembly:

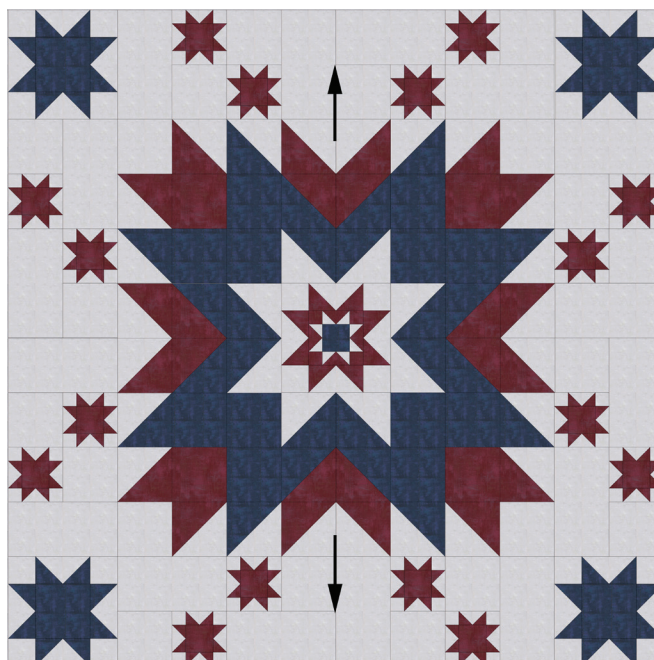
1. For the left and right border sections, orient four inner border middle blocks as shown. Sew together. Repeat to make a second set.
2. For the top and bottom sections, orient four inner border middle blocks and two inner border corner blocks as shown. Sew together. Repeat to make a second set.



3. Attach left and right border sections to the center block. Press seams towards border.



4. Attach top and bottom border sections to the center block. Press seams towards border.



What you need:

Unit	Quantity/Size
Outer Border	(Left/Right) 2 / 3½" x 72½" (Top/Bottom) 2 / 3½" x 78½"
Backing	1 / width of fabric x 90"
Backing**	90" x 90" piece
Binding	8 / 2½" x width of fabric

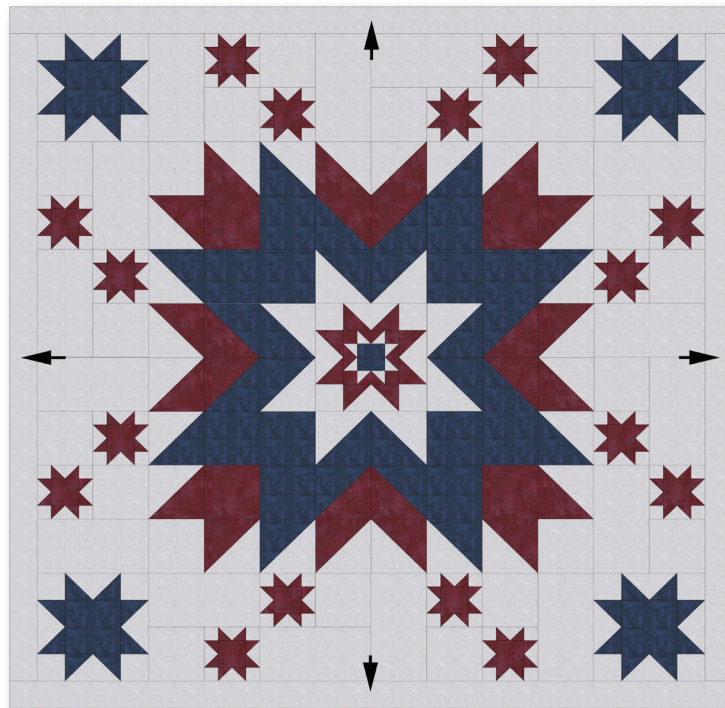
Assembly:

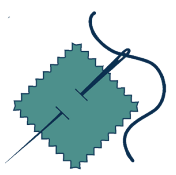
Outer border - Sew together eight strips (3½" x width of fabric), end to end. From long strip, cut two strips 72½" in length and two strips 78½" in length. Attach the 72½" strips to the left and right sides of the quilt top. Press seams towards outer border. Attach the 78½" strips to the top and bottom of the quilt. Press seams towards outer border.

Backing- Wide back fabric is recommended for this quilt because the width needed exceeds 80" (2 times the width of normal fabric).

Binding - Sew the eight strips together end to end. Fold in half lengthwise and press.

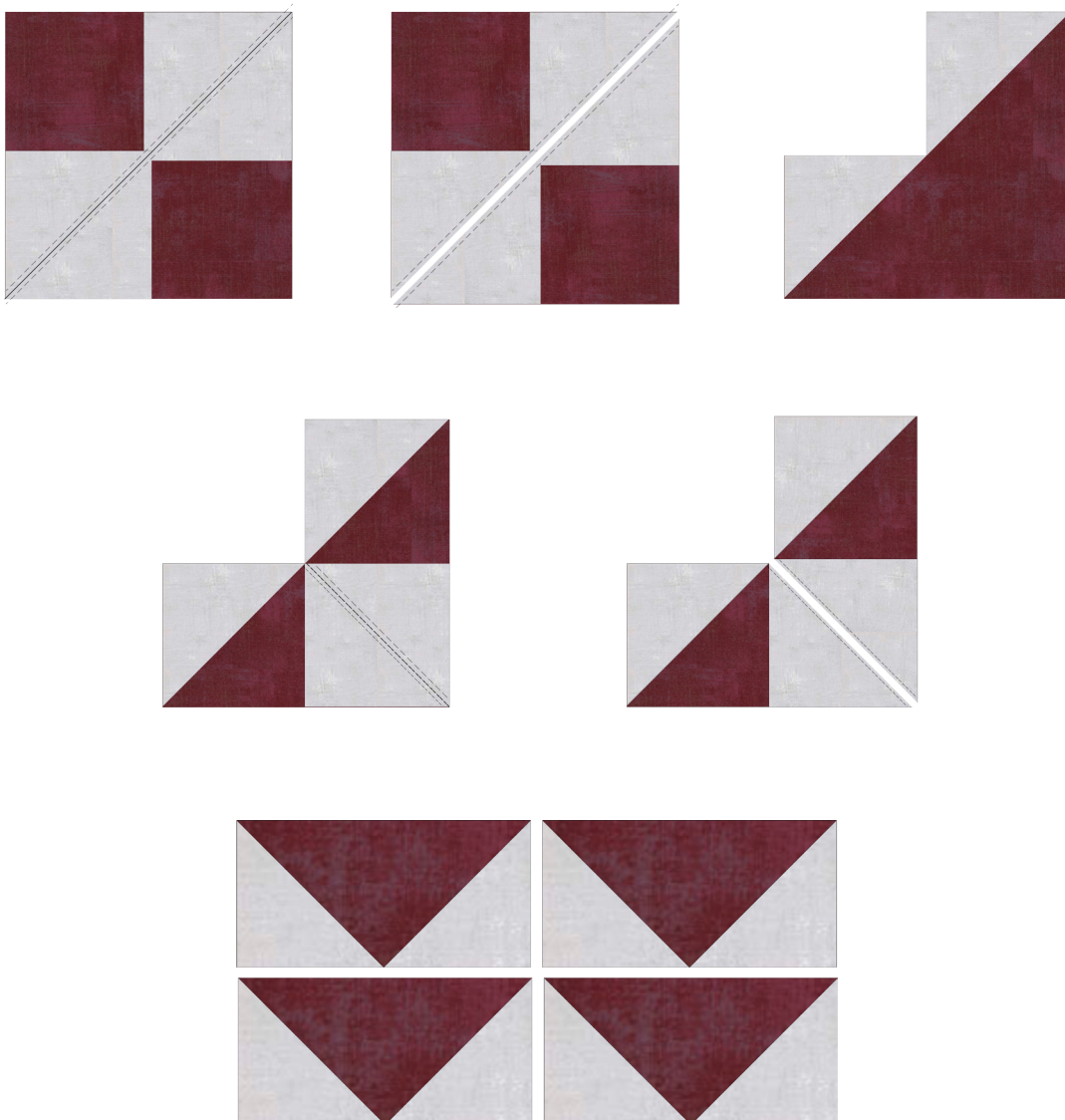
Layer top, batting, and backing. Quilt as desired. Sew on binding.





Flying Geese using "no waste" method: (makes 4)

1. On wrong side of small squares, draw a diagonal line from corner to corner. With right sides together place two small squares onto large square with drawn lines aligned as shown. The small squares will slightly overlap.
2. Sew $\frac{1}{4}$ seam on both sides of drawn lines. Cut apart on drawn lines. Press seam away from large triangle.
3. Align remaining small square as illustrated and sew $\frac{1}{4}$ inch on each side of drawn line as shown.
4. Cut apart along line. Press open. Four flying geese made.



HST using 13¾-inch square: (makes 8)

1. Draw a diagonal line from corner to corner on the wrong side of background square. Draw a second diagonal line from opposite corner to opposite corner as shown.
2. Arrange background square on top of red or blue square, right sides together. Sew a ¼" seam on each side of the drawn lines as shown.
3. Cut between the four seam lines on the drawn line as shown. Cut each of the four sections in half as shown.
4. Press half square triangle units open, pressing seam towards red/blue fabric. Square unfinished size to 6½".

